



FREEDOM CHURCH

**Joshua 1:9 Be
strong and
courageous. Do
not be afraid; do
not be
discouraged, for
the Lord your God
will be with you
wherever you go.”**

**Joshua 1:9 Be
strong and
courageous. Do
not be afraid,
not discouraged, for
the Lord your God
will be with you
wherever you go.”**

One day it's calm...



Joshua 1:9 Be
strong and

courageous. Do
not be afraid

not

discouraged, for
the Lord your God

PRESSURE
bills due,
relationships strained,
work unstable,
faith stretched.

One day it's calm...



Joshua 1:9 Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.”



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strong and
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not be afraid; do
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“God is with me in this.”



**You don't know what's in
the teabag until it's in
hot water.
Pressure reveals what's
inside.**



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Pressure reveals what's
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- When did pressure last catch you off guard?



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- When did pressure last catch you off guard?
- Was your first instinct panic... or prayer?



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- When did pressure last catch you off guard?
- Was your first instinct panic... or prayer?
- Where might God be inviting you to grow stronger, not harder?



PRESSURE





Perspective Changes the Weight

2 Corinthians 4:8–9: We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed.”





Perspect
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**What would shift if you framed this season
not as punishment, but preparation?**



**Isaiah 40:31:
Those who wait on
the Lord will renew
their strength...
they will run and
not grow weary,
walk and not
faint.”**



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Those who wait on
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“In the waiting, God is strengthening me.”

Standing When Others Bow (Daniel 3)

Shadrach,
Meshach, and
Abednego
said, “Our
God is able...
but even if He
does not... we
won’t bow.”



Standing When Others Bow (Daniel)

Shadrach,
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said, “Our
God is able
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“w.”



**Rising
After
You
Fall**



THOUGH
a righteous man
FALLS SEVEN TIMES,
he rises again

PROVERBS 24:16

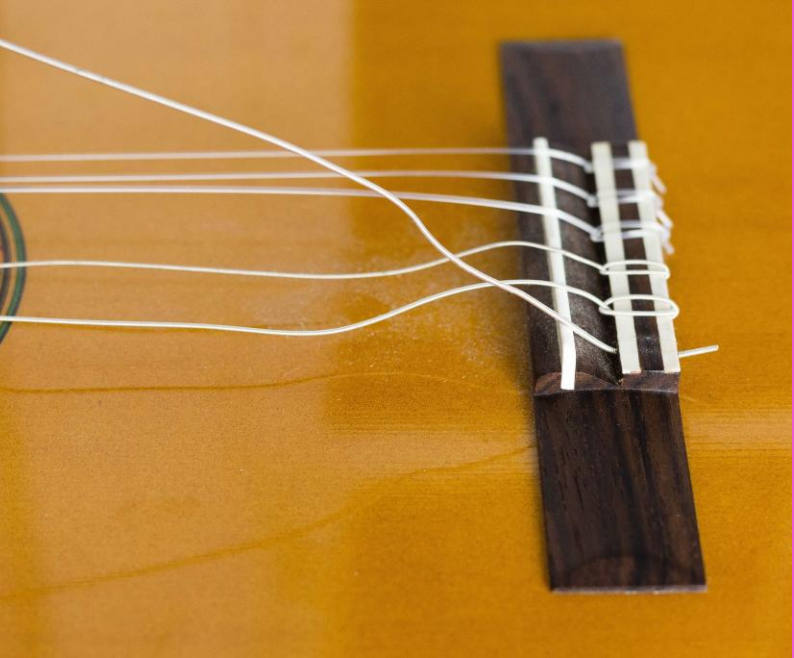
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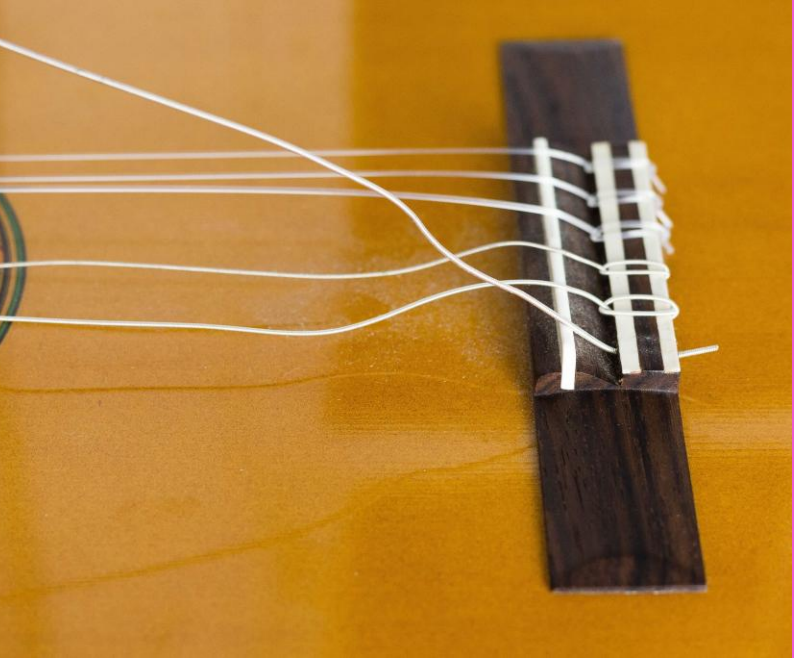
PROVERBS 24:16

“I fell, but I’m not finished.”



**Too loose
useless.
Too tight
it snaps.**





**Too loose
useless.
Too tight
it snaps.**

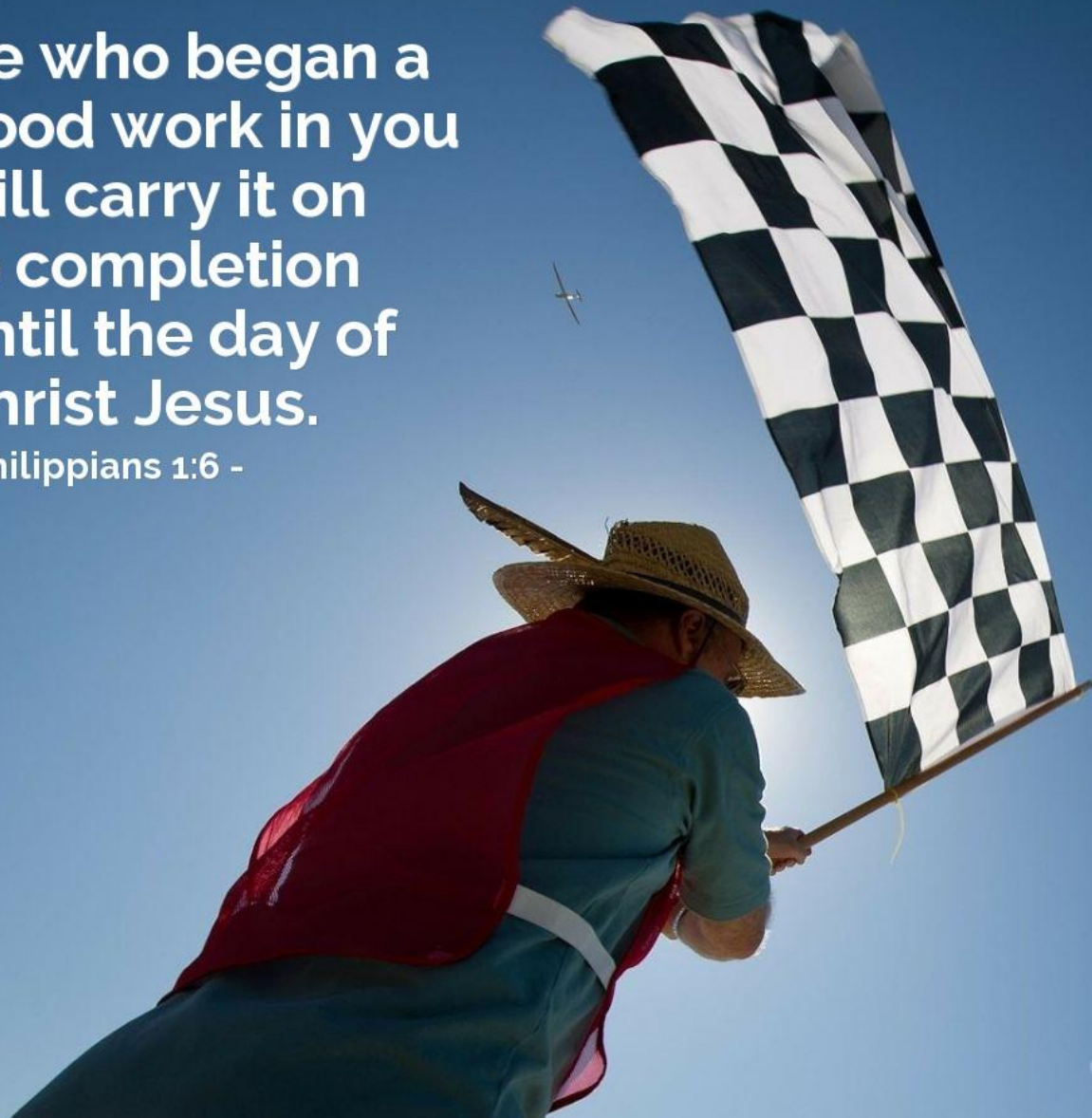


“Father, tune my life to Your hand.”

Courage for the Future

He who began a
good work in you
will carry it on
to completion
until the day of
Christ Jesus.

- Philippians 1:6 -



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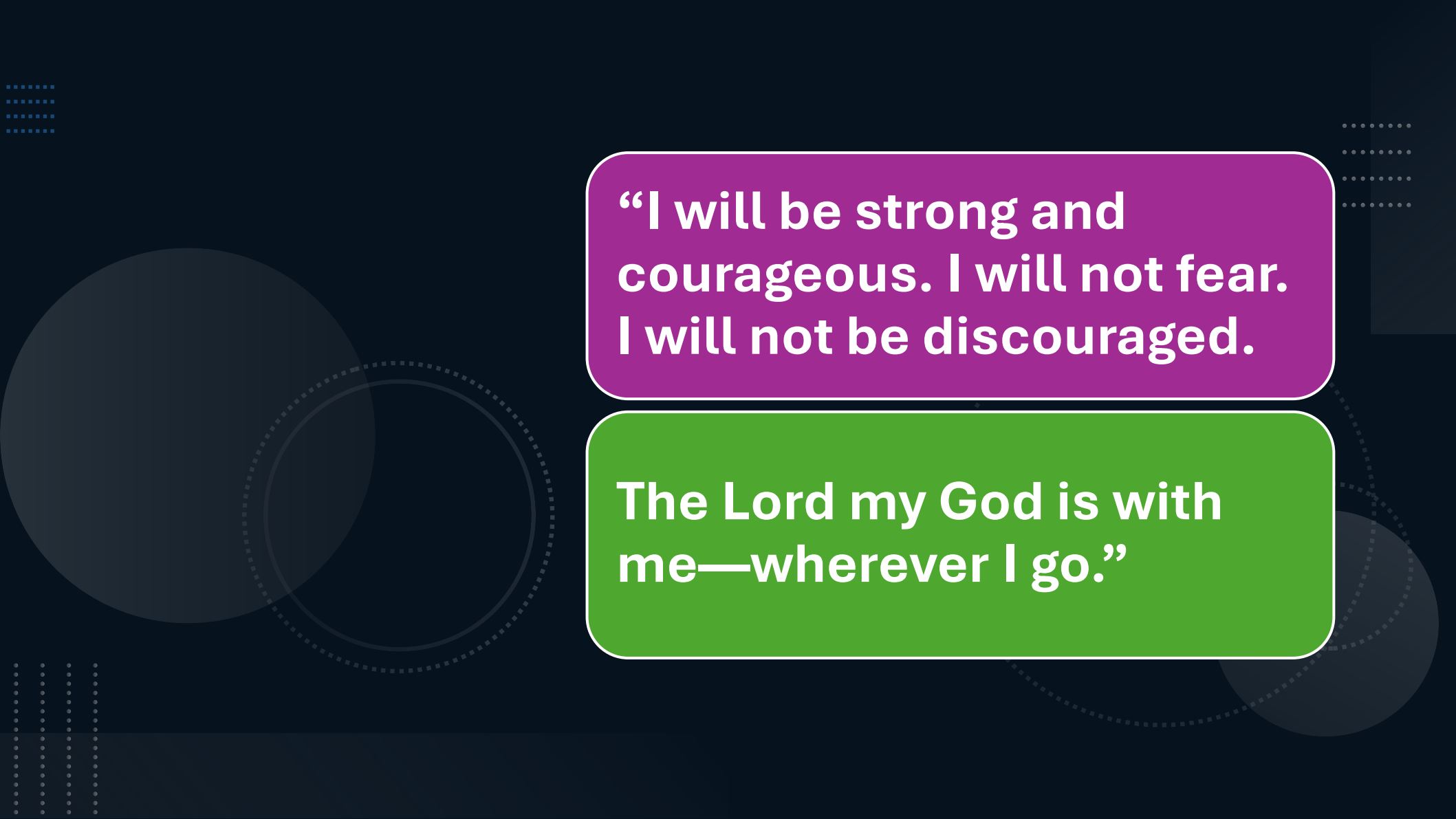
- Philippians 1:6 -

“God finishes what He starts—in me.”



How to Walk This Out

- **Practice proximity:** 10 minutes a day—Word open, heart open.
 - **Pray first, not last:** “Lord, what’s my courageous next step?”
 - **Active waiting:** prepare like the answer is on the way.
 - **Stand steady:** choose integrity over approval.
 - **Rise again:** repentance → realignment → resilience.
- One-line rule: Pressure doesn’t define me—God’s presence does.



**“I will be strong and
courageous. I will not fear.
I will not be discouraged.**

**The Lord my God is with
me—wherever I go.”**



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